The British Museum's reconstructed helmet from Sutton Hoo





The helmet can be looked at in two ways. First it creates the face of man with eyes, nose and mouth. You can see a moustache of bronze and eyebrows of garnets. It can also be likened to a bird in flight with the moustache as a tail, the nose as the body, the eyebrows as wings and the head pointing up to the top of the helmet. Whichever way you look at it, you will see an artefact of exquisite craftsmanship and beauty.