

George Hingston Factor
The Arthur
Captain Doegood Commander

Document reference: T 70/1213

The National Archives would like to thank Mike Breward, University of the West of England for the transcription of this journal.

Notes

- Where there is doubt as to a word it is followed by (?); see pages 2, 5 and 21.
- Dates used to be different than today until 1752 the year started on 25 March but it was common practice at this time to put both years until 25 March – for example 31 December 1677, 1 January 1677/8, 24 March 1677/8, and 25 March 1678.
- Although the words have been modernised the language and style used has not been changed. Therefore, some of the words and phrases may now be considered derogatory or offensive.
- A glossary of places mentioned in the journal and unfamiliar terms is included at pages 23 and 24.

December
The 5th 1677

A Journal of a voyage to New Calabar
in the ship the *Arthur*, Captain Robert Doegood
Commander. An the account of the Royal
African Company of England of all
actions & transactions from Gravesend
to New Calabar & from thence to
the Island of Barbados, our port of discharge
(Follo?) 1677
Signed: George Hingston

Wednesday	05	We broke ground at Gravesend by five o'clock in the morning & came to anchor again that day at twelve the wind at Southeast
Thursday	06	This day we weighed in the morning and came to anchor at Redsands Bay about four in the afternoon
Friday	07	We weighed again this day about 12 in the forenoon, & having but little wind came to anchor again in the Gore
Saturday	08	By 6 in the morning we weighed anchor again, the wind being at Southwest. We came to anchor about 10 in the forenoon
Sunday	09	We weighed this day about 3 in the morning & came to anchor about 12 in the forenoon in the Downs
Monday	10	According to my order I did make enquiry of Mr John Adames & Mr John Beneland your honours' Waiters what private trade they had received into the ship contrary to your honours' licence. They answered me they had been very careful as to that & had made search over all the ship & could find nothing & with all immediately did further endeavour to find if any but could find none at all contrary to licence & what themselves had before taken an account of, myself assisting them in it. Acquainting the men of the ship after had made enquiry & also giving them to understand the danger of it. Which did all protest they had neither of them the worth of one shilling to dispose more then a small matter of liquor for there own use
December		We were also careful & watchful that nothing was brought on board that time we lay there, how long we did not then know
Saturday	15	Mr Adams & his partner made enquiry & did endeavour again if they could find any such trade contrary to licence, but could not find any thing more then what they did before. The Captain did protest to me that he did really believe there was no man of his had anything upon that account

December 1677		
Sunday	16	The wind at East-Northeast, fresh gale. We weighed about 10 of the clock with our full complement of men vixt twenty-four seamen & one boy
Monday	17	The wind continues East-Northeast, a fresh gale
Tuesday	18	This day by observation did reckon that by four of the clock in the afternoon we might be up with the Lizard
Wednesday	19	This morning the wind shifted from the East-Northeast to the South by East & South, having very little wind & so continued till the next morning
Thursday	20	This day about 5 in the morning we had the wind at South-Southwest but little wind & continued so till the next day 10 of the clock
Friday	21	This day about 10 in the forenoon we had the wind at Southwest & blew fresh
Saturday	22	This day about 4 in the morning the wind came at Northwest by West. We steered away Southwest, a fresh gale
Sunday	23	The wind continues at Northwest by West keeping our way Southwest. The wind blew fresh
Monday	24	About 8 in the morning we had the wind at Southwest and sailed per compass South-Southeast, & about two in the afternoon came nigh to a Flyboat which we thought to have hailed but by reason of the badness of the weather & greatness of the seas could not. We judge she was bound for Virginia
Tuesday	25	About 8 in the morning we had the wind at West-Northwest, being very uncertain & fickle. We led our way by compass Southwest and about three in the afternoon we had sight of the same ship again. The seas being quieted & the winds lyen (still) we did speak with her. The name of the ship not one with us could understand but his name that did command her was plainly heard to be Captain Hayles. Immediately after, he sails away more westerly & in short time had no sight of him
Wednesday	26	This day about 6 in the morning we had the wind South-Southwest and Southwest by West, having very little wind
Thursday	27	The evening before this day we had about 11 o'clock the wind at West, a fresh gale. We sailed by compass South by West and South-Southwest

		December 1677
Friday	28	This day about 7 in the morning we had the wind at Northwest, & we sailed the compass Southwest by South. Not much wind
Saturday	29	This day in the morning we had the wind at Northeast by North. We sailed per compass Southwest by South. Very little wind
Sunday	30	The wind continues at Northeast by North
Monday	31	The wind continues a fresh gale at Northeast by North
January	01	We have still the wind at Northeast by North and by observation do reckon ourselves to be the length of the Madeira Islands
Wednesday	02	The wind continues Northeast by North, we sail per compass South, a fresh gale
Thursday	03	About four in the morning the wind shifted from the Northeast by North to the South by West, & very little wind
Friday	4	the wind very low hardly discerning which way it is, but the sight of sky promises a Southwest wind
Saturday	05	Towards the morning we had the wind at Southwest by West. We sailed per compass South by East
Sunday	06	The winds very uncertain, shifting from the Southwest by West to the North. We sailed per compass South, an easy gale
Monday	07	The wind continues: we keep our course South
Tuesday	08	The wind we have this morning at East by North a fresh gale. We sailed per compass South
Wednesday	09	The wind continues at East by North a very little wind. We keeping our course South
Thursday	10	This morning about five of the clock we had the wind at Northeast and about 10 in the forenoon we had sight of land. By 12 found it to be San Tiago [Cape Verde Islands], we had it at the Southeast of us about three leagues a distance
Friday	11	This morning very early we had sight of other land, which we did suppose we might have seen the evening before. But by reason of the hastening of the weather were at an uncertainty. But yet expecting sight of other land found it to be to go at the westward of us
Saturday	12	The wind continues at Northeast we keep our course South by East. Very little wind

		January 1677/8
Sunday	13	This day we had the wind at Northeast. We sailed per compass Southeast by South, a very easy wind
Monday	14	The wind continues at Northeast. We keep our course Southeast by South, but very little wind
Tuesday	15	This morning about six of the clock the wind varied from the Northeast to the North, and we sailed per compass Southeast by East, a fresh gale
Wednesday	16	the wind continues at North, & we keep our course per compass Southeast by East, blowing fresh
Thursday	17	the wind continues still at North & we altered our course and sailed per compass East by South
Friday	18	This day we had the wind at North by West, very little wind. We sailed per compass East by South
Saturday	19	this day in the morning the wind shifted from the North by West to the West by North, an easy gale, & we sailed per compass East by South
Sunday	20	the wind shifted again from the West by North to the North, having rainy weather & very uncertain winds. We sailed per compass East & East by South. But not much wind
Monday	21	The wind shifts again from the North to the West, very little wind. We steered per compass East
Tuesday	22	The wind from the West (?), we gave it this morning at the West-Northwest. We sailed per compass East, not much wind
Wednesday	23	the wind continues but very small. We sailed per compass East
Thursday	24	This day about 8 in the forenoon we had the wind at West but not much. We sailed per compass East by North
Friday	Land 25	This day about 5 of the clock in the morning we had sight of land, which was the first we saw after we came upon the coast. The wind we had at West by South. And about 10 of the clock the wind shifted & came at South by West. The land is called Sinoe [Liberia] we were about three leagues distance from it
		the wind continues at West, but very low. We have still sight of the land

January 1677/8		
Sunday	27	This day we had the wind at West by North and about 8 in the morning we had sight of Cape Palmas [Liberia]
Monday	28	This day we had the wind at West-Northwest, but very little wind. We keep our course East
Tuesday	29	The wind this day shifted about 9 in the forenoon from the West-Northwest to the Northwest, a fresh gale
Wednesday	30	The wind at Northeast, we having a very small gale. We sailed per compass East
Thursday	31	This day we had in the morning the wind at North & we sailed per compass East, not much wind. & by observation that day supposed ourselves to be up with Cape Three Point [Ghana] but have had no sight of any land since the 26 day, at which time we lost the sight of Sinoe
February	01	This day in the morning we had sight of a sail, which was the first we saw after we came upon the coast. She was a great way distant from us to the south, a small vessel. We would have spoken with her but we were becalmed, having no wind at all
Saturday	02	we had this day the wind at South by East but very little. This morning we had lost the sight of the ship
Sunday	03	This day the greatest part of it we had the wind at West, a fresh gale. We sailed per compass East
Monday	04	The wind at Southwest rainy dark weather. We sailed per compass East by South, not much wind
Tuesday	05	The wind at South-Southwest, not much wind but dirty weather. We sailed per compass East by North
Wednesday	06	This day we had about 9 in the morning the wind at South, and we sailed per compass East by North. An easy gale
Thursday	07	The wind at Southwest. We sailed per compass East-Southeast. About 4 in the afternoon we had sight of land, as we did guess about three leagues from us, to the northward. We supposing to be the place we were bound to. We sounded & could find no ground. We sounded again a short time after & found ground. & about 5 in the afternoon we sounded & had but 12 fathom of water. Then we kept by the shore till nine of the clock & came to anchor in 5 fathoms & half of water. We did account ourselves to be from Calabar River [Nigeria] 8 leagues

February 1677		
Friday	08	This day about 6 in the morning we weighed & having but little wind could not get so far in as we did expect we might. But came to anchor about four in the afternoon. We did suppose it to be about three miles from the point leading up New Calabar River called Fouche Point [Nigeria] . Then we sent our long boat away to find the depth of water & whether we could get by the breakers which were about one mile head of us & so to sound the river up. The next morning Betyme came on board again giving account of three fathom of water & three ½ at high water.
Saturday	09	this morning after their coming on board, being not well satisfied, sent the boat away again with some other hands. & came not on board again till night giving the same account of the depth of water
Sunday	10	This day about 11 of the clock we weighed & sailed up into Calabar River about three miles from Fouche Point , and there came to anchor riding at low water 8 fathoms
Monday	11	This day about nine in the morning came on board the King on New Calabar with some others of his generals, and after a long discourse came to agreement for currency for Negro man 36 copper bars, for one Negro woman 30, & for one manilla eight yams
Tuesday	12	This morning came on board of us some canoes belonging to Bandy with Negroes but not any that we did like. From which persons we had intelligence of Captain Wilkins, your Honours' ship, & that he had been gone from thence about two moons. & whiles he lay there was enforced to put his Negroes all on shore by reason of fire which happened to be in his forecastle. In so much that he was very likely to have lost his ship by fire had not the inhabitants there been kinder to him & helped him in the quenching the fire, & did honestly deliver him again all his Negroes
Wednesday	13	the 12 th day we bought 3 men & 3 women as your honours' will find on my book of account. & this day we bought 14 men & 18 women very good & young Negroes with some provisions for them

February 1677		
Thursday	14	We had the sight of a Dutchman which do belong to Elmina Fort [Ghana] to trade for teeth [ivory]. So that we conclude by his means we shall fare the worse as to the account of teeth. We are now setting up our furnace sending our boat on shore for wood & water. This day we bought not one Negro nor any provisions
Friday	15	This day we had on board of us but 3 canoes. Out of which we purchase 3 men & 1 woman with some provisions
Saturday	16	This day was on board of us one canoe from Bandy & another from Donus. We bought 4 men & 4 women, some yams
Sunday	17	This day we had some teeth brought on board of us. But had no encouragement to deal in them, expecting more for them than we could suppose to be worth, or to do your honours' any good in it. Bandy men & Donus men did inform us that the Dutchman, which before is minded, had bought a great many & by reason of us gave a great rate to make up, there loading if could. This day we bought 10 men, 5 women, 1 boy & 3 girls all very likely Negroes, not one of them exceeding 30 years nor one under 14 years
Monday	18	This day we bought 4 men & 4 women having no encouragement to by more by reason of their remiss in bringing us provisions doubting we should have more Negroes than we were likely to have provisions & so they to take the advantage that did forebear to buy. Sending away again several Negroes, taking only such as we had mind to
Tuesday	19	We finding provisions to come very slackly, sent our boat with 5 hands and our chief mate, which did very well understand his business, with arms & ammuniton for fear if any action might be, to Bandy to see for provisions having but few from Calabar which were wanting the greatest that of one day and one night. & in the morning returned with them 900 yams, finding provisions there to be very scarce. This day we bought 12 men, 12 women
Wednesday	20	This day we had 4 canoes from Calabar and we bought 6 men, 6 women & one boy, but have very little provisions from them. This day we bought 6 men, 6 women, 1 boy

		February 1677
Thursday	21	This day we had several canoes on board of us with Negroes, but very few provisions. We bought 9 men and 11 women which were very stout Negroes indeed, but not many yams more than what before this day was promised to be brought. The goods in our hands we kept till such time as they had brought provisions for those Negroes we fore bought of them
Friday	22	This day we sent our boat at Donus to see what might be done there. We finding Negroes to be brought on board of us fast enough, but were not free to deal in many, fearing least we should take in Negroes & have no provisions for them. & the boat returned again with 1000 yams which they had purchased from several persons there, finding yams very scarce. This day we bought 7 men & 4 women with some provisions, as your honours' may find in the book of account
Saturday	23	This day we bought but one Negro woman with some provisions, having but few canoes on board of us and no choice of captives
Sunday	24	This day we bought 11 men, 6 women & 3 girls. Finding the Negroes to be very good & likely stout & young Negroes did purchase the more. But those which had not brought provisions, as we expected for the passage of their Negroes they sold us, did detain & keep in our hands so much goods as would purchase their provisions, & they to bring the same the next coming on board, & then to receive their goods so kept & goods for their yams which they should bring more which they were very well satisfied with & after did deal the same with all. By which means we found provisions to come according to our desire
Monday	25	This day we bought 6 very lusty men with some provisions, more indeed we might have purchased but having Negroes plenty on board & the advantage of taking our choice did resolve to take none but such as were very good indeed. Therefore, sent away again several Negroes

February 1677		
Tuesday	26	This day we bought 1 man & 1 woman having not many canoes on board. Some provisions we bought this day
Wednesday	27	This day we had several canoes on board of us and we bought 7 men, 04 women & 2 girls which were stout & tall very likely captives. Some provisions likewise we had this day but not so much as we expected
Thursday	28	This day we bought 7 men, 3 women & 4 boys as by my account book, your honours may have the perfect price with some provisions. We are now making preparation for to perfect all our business, taking in wood & to fill our cask with water. Hoping not much longer to tarry here
March Friday	01	This day we bought 13 men & 4 women, very good Negroes with some provisions. We have some of our seamen sick & doubt shall loose some. But the encouragement and hopes of not staying long here is our greatest comfort, and trust shall be ready to go from this place in three weeks time more our business fully perfected as to our Negroes & provisions. But as for teeth, doubt shall not content your honours', they are very dear & scarce by reason of the Flemings [Dutch] being upon the coast. Yet some we have bought & are willing to buy more but we must give a great rate & many small teeth, the account number & price your honours' may find in my book of account
Saturday	02	This day we bought 2 men & 2 women. Having not many canoes on board of us did forebear to buy too many, expecting to have as we did resolve our choice of Negroes. We have made choice of Negroes to the best of our skill & judgment, and as likely Negroes as a man should see. Yet we find that some of them do decay & grow lean and some are sick. They want for nothing, having daily as much provisions as the can make use of, nether do the want for any content not suffering any man on board to strike them

		March: Account of what Negroes die every day	M E N	W O M E N	by O Y S	G I R L S
Sunday	3	This day we bought 5 men & 5 women and some provisions. About 2 in the morning died one of our seamen after 5 days sickness, and about 4 in the afternoon died one Negro man; have 5 others sick	01	00	00	00
Monday	4	This day we bought 3 men & 4 women & 1 girl, very likely captives. We had some provisions & some ale for them as will appear per account	00	00	00	00
Tuesday	5	This day we bought 5 men & 5 women. We forget not your honours' interest, minding if possible, to get most men, if they are any way promising, but as yet we find the women generally better than the men	00	00	00	00
Wednesday	6	This day we bought 3 men, 1 woman with some provisions per account will appear very good Negroes. Not forgetting your honours' orders that none exceed the age of forty, neither under the age of twelve years, as hitherto have been minded & accordingly bought	00	00	00	00
Thursday	7	This day we bought 2 men & 1 woman having not many canoes on board to take greater choice. Therefore, did forbear to purchase expecting more for to choose for your honours' better advantage.	00	01	00	00
Friday	8	Resolving as was before minded to buy not any but such as might, if life might be permitted, answer your honours' expectation and advantage. This day about ten in the forenoon died one woman				
		The 7 day as will appear per account we did not purchase any Negroes but some provisions for Negroes. We have many sick captives but take the greatest care we can to preserve	00	00	00	00
Saturday	9	This day we bought 8 men & 6 women very likely Negroes with some provisions. We had died this day one man & several others that are sick, notwithstanding our care with the Doctors physic there is nothing wanting to them	01	00	00	00

		March	M E N	W O M E N	by O Y S	G I R L S
Sunday	10	This day we bought 12 men, 11 women and one boy, with some provisions. We had several canoes on board this day	00	00	00	00
Monday	11	This day having but few canoes on board bought but 1 man & 1 woman. And about 4 in the afternoon died one woman. Having many Negroes more sick, we took the best care we could to preserve them	00	01	00	00
Tuesday	12	This day we purchased 1 man, 4 women and 1 boy with some provisions as will appear per account. And at 10 in the forenoon died one man which to our knowledge had not been sick 12 hours	01	00	00	00
Wednesday	13	This day having many canoes on board we bought 9 men & 8 women with some provisions. Many others we might have bought more but we had no reason, finding many bad Negroes. And the sickness of ours on board did so much trouble us, taking them in very likely & stout Negroes to fall sick in so short time that we little encouragement. This day died 1 man & 1 boy	01	00	01	00
Thursday	14	This day we bought 1 man & 1 woman with some provisions. We are not free to buy to many at one time our complement being all most up. But are very likely to lose more here having many very sick	00	00	00	00
Friday	15	This day we having many canoes on board & very likely Negroes we bought 11 men, 4 women, 2 boys & 1 girl. We had not purchase so many but finding them very likely Negroes & having then many sick. We had died this day one man	01	00	00	00
Saturday	16	This day we bought 3 men & 1 woman with some provisions. We hope to depart this place in few days, our complement being up, neither intend to purchase one Negro more except more die to make our full number when we shall come clear of, and we have many sick & doubt will not long live. The reason of our buying is by the loss of Negroes here	00	00	00	00

		March 1677	M E N	W O M E N	by O Y S	G I R L S
Sunday	17	This day we bought 4 very good Negro Men, & some provisions as per account will appear. We are now ready to sail intending, God permit, to move tomorrow	00	00	00	00
Monday	18	I was not free that one Negro should be bought but after some consideration that it might be for your honours' advantage having so many very sick, expecting in few days the loss of some Negroes, & having very likely Negroes by the side we bought 4 men and some provisions. This day died 1 woman	00	01	00	00
Tuesday	19	This day removed and came down again Fouche Town [Ifoko, Nigeria] where we lay two days to take in water	00	00	00	00
Wednesday	20	This day we perfected our business as to the fitting everything intending the next day to sail. We had died this day one man & one woman	01	01	00	00
Thursday	21	This day in the morning we weighed from thence and got out as far as we could towards the bar, we having very shallow water. This day died one man, having many more very sick	01	00	00	00
Friday	22	This day having no breeze did forbear to weigh, sending away our long boat to find out the deepness water	00	-	-	-
Saturday	23	This morning we sent our boat out to sound the channel, we resolving to follow them with the ship, who found 4 fathom, 3 ½ and 2 ½, the shoalings we did get as far as we thought convenient to attempt having great discouragement to go farther until such time as we were better satisfied as to the depth of water, we drawing 12 foot of water & more & a swelling sea. This day died one man, one woman	01	01	00	00
Sunday	24	This day we weighed again sending our boat on head of us to find out the deepness water. But had no encouragement to sail above 1 hour having very shallow water & not in a little trouble how we should get out. Came to anchor again in 4 fathom of water which before we came to that thought we should have stuck. This day died two men	02	00	00	00

		March 1678	M E N	W O M E N	by O Y S	G I R L S
Monday	25	This morning we weighed again & got out a little farther having a land breeze, and came to anchor in 4 fathoms & ½ water. This day died one man & one woman	01	01	00	00
Tuesday	26	This morning we weighed & sailed about two miles farther out. The wind failing came to anchor again & then sent away our boat to find out the deepness water, intending if we had a wind & smooth sea to run out and so to sea. We lay then in 4 fathom of water. This day died one seaman	00	00	00	00
Wednesday	27	This day in the morning the wind at Northwest and North-Northwest and a smooth sea. We weighed and did get over the shoals without striking. The shallowest water we did meet with was 2 fathom & half, which continued for 5 cast of lead or more & did very much dishearten us our ship drawing 12 foot & ½ of water or upwards. But after we found three fathom of water for two leagues & more then water did increase and it pleased God that we got out into deeper water which did very much rejoice us. This day died one man	01	00	00	00
- -	27	died of our Negroes before such time as we could get over the bar: 12 men, 6 woman & 1 boy. Have several others sick	-	-	-	-
Thursday	28	This day we had the wind at South & South by East we steered West-Southwest. Not much in the afternoon I caused a muster of the Negroes, having all that were well-down between decks so told them up, one & one, giving all tobacco as the came up. & found to be on board alive: 175 men, 135 women, 9 boys & 10 girls and not one Negro more in the ship. Myself searching both between decks, & likewise the hold and am very certain there was not one Negro more bought for & paid the goods myself for every Negro was purchased this voyage. This day died one man & 2 women	01	02	00	00

		March 1678	M E N	W O M E N	by O Y S	G I R L S
Friday	29	This day we had the wind at South. We sailed per compass West-Southwest a fresh gale, and about 5 of the clock in the afternoon we had sight of Fernando Po [Bioko Island, Equatorial Guinea] at the Southeast of us. This day died one woman	00	01	00	00
Saturday	30	This morning we had very little wind till about two in the afternoon, at which time we had the wind afresh at West & West by South. And about six of the clock at night we had sight of Principé [Equatorial Guinea] to the Southwest of us. The evening proved calm. This day we had died two men, having at least 30 more very sick	02	00	00	00
Sunday	31	This morning we had a fresh gale at South by West. We sailed per compass Southeast. About 8 in the morning died one of our seamen. & in the afternoon that day died our doctor, which we did account a great loss having 6 white men very sick & many Negroes sick, had not been sick passing three days. And we had been at sea of from the bar when he died 5 days. This day died one woman & one girl	00	01	00	01
April Monday	01	This day the greatest part of it we had no wind until 3 in the afternoon, at which time we had the wind at South-Southeast not much we steered West. This day died one man & one woman	01	01	00	00
Tuesday	02	The wind continues at West but very little. We keep our course South-Southeast. About two of the clock in the afternoon we came up with Cape St Johns [Cabo San Juan, Equatorial Guinea] , it lay East from us about 7 leagues. This day died two men, we having many more sick taking the greatest care we could for their preservation	02	00	00	00
Wednesday	03	The wind in the morning at East by South which continued till 4 at night, then we had the wind at West, but very little	-	-	-	-
Thursday	4	This day we had the wind about 10 in the forenoon at South by South but very low. It continued so till towards evening then it shifted a little to the East. This evening died our doctors mate, 4 white men more being very sick. This day died two Negro men	02	00	00	00

		April 1678	M E N	W O M E N	by O Y S	G I R L S
Friday	05	We had no wind at all this day till 4 in the afternoon then we had a little wind at East & East by North. We sail per compass Southwest and West-Southwest. This day died two men & 4 women, having many more sick. We take the greatest care we can of them, there is nothing wanting to them	02	04	00	00
Saturday	06	This morning we had the wind at South-Southwest. We steered per compass South, an easy gale. This day died one man & one woman	01	01	00	00
Sunday	07	About 5 in the afternoon this day we had sight of Cape Lopez [Gabon] , having but little wind. The day died 2 men & 1 woman	02	01	00	00
Monday	8	This morning & the night past we had very little wind. & our Negroes falling sick, very many to our great trouble. Resolved to go at Cape Lopez to take some refreshing for them there. About 4 in the afternoon we had a fresh gale. This day died one man	01	00	00	00
Tuesday	09	This day about 12 in the forenoon we came to anchor near the watering place at Cape Lopez . Died this day & last night	00	02	00	00
Wednesday	10	there was at Cape Lopez when we came in a Dutchman belonging to Elmina which had traded upon the coast 5 months for teeth. The next day after we came in he went away from Cape Lopez . This day we sent our boat on shore for water. This day died	00	01	00	00
Thursday	11	This morning our men went ashore wooding and some for water. We had on board load of wood this day & 4 ton of water. This day died one man	01	00	00	00
Friday	12	This day we had 2 boats-load of wood on board and some water. We find our Negroes to a mend and to be very well refreshed. We conclude it to be by reason of the change of water. This day died one woman	00	01	00	00
Saturday	13	We are now cleaning our ship in the hold, throwing away the rotten yams which are a great many more then we thought. We doubt we shall not have good in the ship 30000 yams & shall be forced to take in provision. Here this day died one woman	00	01	00	00

		April 1678	M E N	W O M E N	by O Y S	G I R L S
Sunday	14	The time we had been at Cape Lopez we did accord with some of the inhabitants there for some provisions for our Negroes, & they brought on board this day green plantains and some dry, one buffalo, which your honours' will find in the account book	-	-	-	-
Monday	15	This day about 2 of the clock in the morning we set sail from Cape Lopez having a fresh gale at South by East and South-Southeast. We sailed per compass Southwest. We find that the Negroes are greatly refreshed by the stopping a little time. This day died one man	01	00	00	00
Tuesday	16	we had very little wind till 4 in the afternoon, then we had it at West-Southwest, an easy gale, which continued with us till the next day 1 in the forenoon. This day died one man	01	00	00	00
Wednesday	17	This day we had the wind at South-Southeast. We sailed per compass Southwest by West, an easy gale, running about 12 miles in 4 hours per log	-	-	-	-
Thursday	18	The wind at Southeast. We sailed per compass Southwest by West, having but a low wind	-	-	-	-
Friday	19	The wind continues at Southeast. Having now a fresh gale sailing 20 miles & upward in 4 hours per log. We steered per compass West-Southwest. In the afternoon we had sight of Annabon [Equatorial Guinea] about 8 leagues distance. This day & last night died 2 Negro men	02	00	00	00
Saturday	20	The wind continues at Southeast fresh gale. We keeping our course West-Southwest	-	-	-	-
Sunday	21	The wind continues still to our comfort. Sailing per log 25 miles in 4 hours. This day died one Negro man. Some more we have sick, and though we have no doctor, yet we do the best we can for them giving them brandy & malaguetta pepper there is nothing wanting to them. This day died one man	01	00	00	00
Monday	22	This day the wind not blowing so fresh I did muster the Negroes, causing all to go down between decks that were well & so counted them up. Giving as they came up one after one being all out of shackles tobacco, and found to be alive 155 men, 119 women, 9 boys, 9 girls & no more. This afternoon died one woman	00	01	00	00

		April 1678	M E N	W O M E N	by O Y S	G I R L S
Tuesday	23	The wind continues at Southeast, a fresh gale. We sail per log 25 miles in 4 hours. This day & last night died two women	00	02	00	00
Wednesday	24	We had the wind this morning at East by South, a fresh gale. We sailed per compass West, per log 25 miles in 4 hours. This day died one man one woman	01	01	00	00
Thursday	25	The wind continues at East by South, not so much as we have had. Sailing per compass West per log 20 miles in 4 hours	-	-	-	-
Friday	26	We have the wind still at East by South, blowing fresh. We sail per log 24 miles in 4 hours. This day & last night died one man and one woman. We have now not passing seven Negroes that are sick, and take the best care we can to preserve them	01	01	00	00
Saturday	27	This morning we had the wind more to the southward till 2 in the afternoon, then we had it again at East by South, an easy gale	-	-	-	-
Sunday	28	The wind continues at East by South. We sail per compass West, per log 20 miles in 4 hours	-	-	-	-
Monday	29	We have the wind continued a fresh. Sailing per compass West, per log 24 miles a watch. This night past died one man	01	00	00	00
Tuesday	30	The wind we have now at Southeast by East. We sailed per compass West by North, not much wind an easy gale, per log 116 miles in 24 hours	-	-	-	-
May Wednesday	01	This morning we had the wind at East by South, an easy gale. We sailed per log 86 miles in 24 hours. Our Negroes are now for the most part in health	-	-	-	-
Thursday	02	We had the wind at East by South we sailed per compass North by log 98 miles in 24 hours	-	-	-	-
Friday	03	The wind now veering from the East by South to the Southeast by East, an easy gale. We sailed per compass West by North, per log 84 miles	-	-	-	-
Saturday	04	We have now the wind at Southeast & East-Southeast. Very uncertain weather with some rains. We sailed per compass Northwest. This day died two men & one woman	02	01	00	00

		May 1678	M E N	W O M E N	by O Y S	G I R L S
Sunday	05	The wind at Southeast. We sailed per compass Northwest, per log 98 miles	-	-	-	-
Monday	06	This 24 hours the wind veering between the Southeast & the Northeast, with many showers and dark weather. We sailed per compass Northwest & North-Northwest, per log 105 miles. This day died one man	01	00	00	00
Tuesday	07	The wind veering from the Southeast to the Northeast, with gusts & much rain. We sailed per compass Northwest, per log 105 miles. This night past died one Negro woman	00	01	00	00
Wednesday	08	This day we had the wind for the most part at Southeast. We sailed per compass Northeast, per log this 24 hours 94 miles. This died one man	01	00	00	00
Thursday	09	This day the wind being very uncertain with gusts & showers veering from the Southeast to the North-Northeast. We sailed per compass Northwest, per log 73 miles. This day died	00	01	00	00
Friday	10	This day we had the wind at East. We sailed per compass Northwest, per log 108 miles. This day died one man having been sick a long time & very poor	01	00	00	00
Saturday	11	This day we had the wind at East-North-East, with some rain. We sailed per compass Northwest, per log 102 miles	-	-	-	-
Sunday	12	We have now the wind at North-East. We sailed per compass Northwest, per log 117 miles this 24 hours	-	-	-	-
Monday	13	The wind continues at North-East. We sailed per compass Northwest, per log this 24 hours 118 miles. This day & last night died 2 men & 1 woman	02	01	00	00
Tuesday	14	The wind continues. We sailed per compass Northwest, per log this 24 hours 149 miles. This day died one man. We find our Negroes' provisions to fall short by reason of the many yams which are rotten	01	00	00	00

		May 1678	M East N	W O M E N	by O Y S	G I R L S
Wednesday	15	This day we had the wind at Northeast by North. We sailed Northwest a fresh gale but very fair weather. In the afternoon I took account of the Negroes, causing all that were well to go down between decks and so counting the sick aloud in the forecastle, and upon deck, first then causing the woman to come up, first one after one, and after the men, and I found to be alive then 144 men, 110 women, 9 boys and 9 girls and no more. This evening about seven of the clock died one woman	00	01	00	00
Thursday	16	This morning we had the wind at North-East by East. We sailed per compass Northwest, per log this 24 hours 140 miles. This morning and last night died two men, one boy. God continue the gale, otherwise we doubt it will be hard for us all. Intending to give our Negroes white men's provisions if theirs should fall short which we doubt as yet we have not abated the Negroes anything of their victuals, but have as much as at first	02	00	01	00
Friday	17	The wind at Northeast. We sailed per compass West-Northwest, per log 142 miles	-	-	-	-
Saturday	18	From yesterday two in the afternoon to this day 10 in the forenoon we have had the wind at West but an easy gale. We sailed per compass Northwest, per log this 24 hours 61 mile. This afternoon died one man	01	00	00	00
Sunday	19	The wind at West by South. We sailed per compass Northwest, a fresh gale and fare weather, per log this 24 hours 131 miles	-	-	-	-
Monday	20	This morning we had the wind at East-North-East and East with showers & gusts. We sailed per compass West and West by South, a fresh gale, per log this 24 hours 122 miles	-	-	-	-

		May 1678	M E N	W O M E N	by O Y S	G I R L S
Tuesday	21	We have the wind at East Northeast & East, a fresh gale. We sailed per compass West. About 4 of the clock in the afternoon we had sight of the Island of Barbados supposing too late to get in that night we stood away Southeast with an easy sail	-	-	-	-
Wednesday	22	This morning being hazy and dark we could not see the Island for two hours after we stood towards it we made sail and sailed Northwest, and by 12 of the clock that day we anchored in Carlisle Bay, (Bridgetown) in Barbados . About two hours after we came to anchor, the commander ordered his boat to be manned who goes on shore & gives your honours' agents account of the ship's arrival. myself continuing on board expecting their Worships on board that night	-	-	-	-
Thursday	23	This day we expected your honours' agents on board but did not come. I went into the hole to see what was left of the Negroes provisions and found about 240 yams, a few dried plantains, which was left of that we took in at Cape Lopez , 18 stock fish, 3 parts of a hogshead of beans, a very small matter of malaguetta pepper, and about 10lb of tobacco. This is that which was left of their provisions, which was not enough to give them satisfaction three days, wherefore your honours' agents did order potatoes on board while they remained there	-	-	-	-
Friday	24	This day I went on shore to your honours' agents and gave their Worships the charter (ptt?) and also an account of what Negroes we bought, what died on the coast, what in the passage and how many we brought into Barbados alive. Also their Worships had the sight of the invoices with the declaration and proclamation. Their Worships intending the next day to be on board and lott [prepare for auction] the Negroes. Which after I had satisfied their Worships what they desired I went on board again. Died one woman	00	01	00	00

		Barbados: May the 25 th 1678
Saturday	25	This day your honours agents were on board & lotted the Negroes. After which being done I showed their Worships my book of account and what provisions was left. Also the account of teeth purchased & what goods remained of the cargo shipped on board by your honours', being now in the ship the <i>Arthur</i> eight whole chests of copper bars, and 34 bars in a broken chest, 26 iron bars, 16 tapsells [Indian cloth mix of cotton and silk], 10 pintadoss [printed cloth], 16 dozen knives. This day died one Negro man which your honours' agents had the sight of
Sunday	26	Tuesday following is intended the day for sale of Negroes. I am ordered to tarry on board which accordingly do. This day died one man
Tuesday	28	This day were many of your honours' Negroes sold. The next day being kept there were none sold until Thursday --- Wednesday being the 29 May
Thursday	30 31	this day the Negroes were very thin upon having not many left. The next day, rainy weather, were not many buyers on board; if it had been fair weather suppose had sold all the Negroes. There were 23 left unsold, and the next day being Saturday Mr Man came on board by your honours' agents order & caused them to be carried away. I suppose they were sold. After the Negroes were all out I left the ship & went on shore, and the 7 th of June came out of Barbados in the ship the <i>Edward & Ann</i> , Captain Nathaniell Green commander, in company with eleven sail more bound for England
Your Honourable Servant George Hingston		

Glossary

The spellings are as used in the original journal and transcription.

Locations mentioned in the journal (in the order first encountered)

Graves End	Gravesend , a town in Kent on the south side of the River Thames where the <i>Arthur</i> began her voyage on 5 December 1677
Redsands	Red Sands , a sandbar in the Thames Estuary off the coast at Herne Bay
Gore	... a sand bar ...
Downes	The Downs , a secure anchoring point off the coast at Sandwich, Kent, where ships used to meet before setting off to the Mediterranean, Africa and the Americas
Lizzard	The Lizard , the southern-most peninsular in Cornwall
Virginia	A British colony on the Eastern seaboard of America, now a state of the United States
Madary Ilands	Madeira Islands , a group of Atlantic islands
St Iago	San Tiago , the largest island in the Cape Verde Islands, in the Atlantic
Sina	Sinoe , a river and county in Liberia
Cape Palmos	Cape Palmas , a headland in the southern Liberia
Capetreepontus	Cape Three Points , a headland in southern Ghana
Callabarr	Calabar , Nigeria, a maritime district and the name of two rivers in south-east Nigeria. The region is intersected by the two rivers of Old and New Calabar. New Calabar River is to the west of Port Harcourt and Old Calabar River is in the area of the city and river of Calabar
Fogo Point	Uncertain, but possibly Fouche Point on Fouche Island, Nigeria at the mouth of the New Calabar and Bonny rivers
Fogo Town	Uncertain, but possibly Ifoko a town on Fouche Island
The Mine	Elmina , a former slaving fort in Southern Ghana. Built by the Portuguese in 1482 but captured by the Dutch in 1637. Elmina and other Dutch possessions in Ghana were ceded to Britain in 1871
Farnandypo	Fernando Po, now Bioko Island , Equatorial Guinea
Princese	Princes Island, now Principé , Equatorial Guinea
Cape St Johns	also Cape St Jean, now Cabo San Juan , Equatorial Guinea
Cape Lopus	Cape Lopez , a headland in Gabon
Anabo	Annabon , Equatorial Guinea, and island south of Soa Tome
Barbadoss	Barbados , where the <i>Arthur</i> finished her voyage
Carleele Bay	Carlisle Bay , the main harbour in Barbados where Bridgetown is situated

Nautical terms

Fathom	About 6 feet in depth
League	About 3 miles distance

Log	A piece of wood attached to a rope which is has knots a regular intervals, this is dropped overboard to find out how fast the ship is moving and how far it has travelled
Muster	Gathering all the people together so that they can be accounted for.
Sound	To cast a line and lead weight to see how deep the water is
Watch	Four hours
Weigh	To weigh anchor, to raise the anchor off the seabed

General

Factor	an agent employed by the Royal African Company
Flemmons	Flemings, Dutch speaking people from the Flanders region in Northern Belgium; though it was part of Southern Netherlands at the time of this journey
Flyboate	Flyboat, a Dutch merchant ship usually used for coastal trade
Lott	To prepare, assess and group the Africans for sale by auction – to put into lots
Mallagetta	Malaguetta pepper (<i>Amomum melegueta</i>), a spice from Africa related to ginger, known as 'grains of paradise', used to flavour food and drink
Monello	Manilla – a copper bracelet used as a trading currency
Pentadoss	Pintados, Printed cloth (batik) from the East Indies
Royal African Company	A company established in 1672 to create settlements in Africa and to trade in African goods including slaves. Until 1698 the Royal African Company had a monopoly to supply slaves to British colonies in America and the Caribbean.
Tapseels	Tapsells, Indian cloth of mixed cotton and silk
Teeth	Elephants' tusks, ivory
Waitors	Tide waiters, customs officials who came aboard ships to look for illegal goods, to claim taxes and to enforce customs regulations